

2024 RSHGA Clean Sport Annual Overview

Dec 2024

Introduction

All athletes have the right to compete in sport knowing that they, and their competitors, are clean. The RSHGA believe in clean sport and work in partnership with UK Anti-Doping (UKAD) to ensure that the integrity of our sport is protected.

Clean Sport Assurance Framework

The following framework points set out by UKAD, including our education strategy and implementation plan, form part of the evidence we are required to submit annually to comply with our obligations:

- Clean Sport is discussed at Board level – April and October meetings
- Clean Sport Annual overview – this report is available on RSHGA website
- Clean Sport Implementation Plan – ongoing education and communication activity in line with approved strategy/implementation plan
- The Prohibited List / TUE – annual communications of both through comms plan and athletes registered emails
- Clean Sport proactive communications – annual commitment of comms through web page, social media, newsletter, handbook and Clean Sport Week.
- Support UKAD’s Testing programme – ongoing open and transparent comms through Anti-Doping Lead.

Clean Sport Education Strategy and Implementation Plan

The RSHGA education strategy and implementation plan [2023 to 2025] will be an evolving plan, developed where necessary as we move forward.

As our athletes fall under UKAD’s recreational category, to comply the RSHGA educational plan has been delivered through a variety of communications including social media, newsletters, handbook, and our Clean Sport page on our website. In addition, Clean Sport educational sessions were also delivered online to athletes.

Royal Scottish Highland Games Association - www.rshga.org
Patron: HM King Charles III

Contact Details:

Director / Chair: Charlie Murray, 27 Easterbank, Forfar, DD8 2BL. Email: chair@rshga.org

Director / Secretary: Craig Dunbar, 57 Broomridge Road, St Ninians, Stirling, FK7 0DT. Email: secretary@rshga.org

Director / Treasurer: Iain Watt, 9 West Fenton Court, Gullane, EH39 5AE. Email: treasurer@rshga.org

Education

We will review our priorities on the following:

- | | Delivered |
|---|-------------------------------------|
| • To provide an educational outlook on Clean Sport | <input checked="" type="checkbox"/> |
| • To deliver and promote anti-doping education | <input checked="" type="checkbox"/> |
| • To provide resource and support to members | <input checked="" type="checkbox"/> |
| • To deliver an online Clean Sport session to athletes | <input checked="" type="checkbox"/> |
| • To communicate with other NGB's [Athletics, cycling, tug o war] | <input checked="" type="checkbox"/> |
| • To promote Clean Sport Week | <input checked="" type="checkbox"/> |

Testing

- RSHGA commissioned UKAD to randomly select several member Highland games to attend this season and provide an anti-doping testing service.
- Testing was successfully completed.
- All the tests this season returned negative results.

Contacts

RSHGA Clean Sport Lead: Matt McGrandles at cleansport@rshga.org

UKAD can be contacted directly and will be able to answer any questions and provide guidance. They can be contacted at ukad@ukad.org.uk or +44 (0) 207 842 3450.

Regular updates from UKAD can also be found in the news section of their website, or on their Twitter account: [@ukantidoping](https://twitter.com/ukantidoping)

Royal Scottish Highland Games Association - www.rshga.org
Patron: HM King Charles III

Contact Details:

Director / Chair: Charlie Murray, 27 Easterbank, Forfar, DD8 2BL. Email: chair@rshga.org

Director / Secretary: Craig Dunbar, 57 Broomridge Road, St Ninians, Stirling, FK7 0DT. Email: secretary@rshga.org

Director / Treasurer: Iain Watt, 9 West Fenton Court, Gullane, EH39 5AE. Email: treasurer@rshga.org